

CONTENTS

PREFACE	iii
1. WHO MADE GOD?.....	1
2. HOW SEEKERS FIRST FOUND GOD.....	6
3. THREE PATHS TO COSMIC CONSCIOUSNESS	18
4. STEPS TOWARD THE UNIVERSAL CHRIST CONSCIOUSNESS.....	26
5. THE TRUE EXPERIENCE OF SPIRITUAL ECSTASY	36

Who Made God?

Circa 1949

The enigmas of God's creation, and of how He Himself came into being, almighty and powerful, have been pondered in every heart that yearns to know about God. No scripture has fully elucidated these seemingly unanswerable questions. But if you contemplate and try to feel the entire perception of the subject as I shall describe it, you will find the answers to these questions—answers that I received from the very depths of my soul and from God.

The Infinite, God, is the ultimate cause of all finite creation. He projects the power of *maya*, the storm of delusive relativity—the illusion that the One has become the many—which, blowing over the ocean of His Being and His vibratory wish to create, stirs into manifestation the waves of finite creation. “Unborn though I am, of changeless Essence! yet becoming Lord of all creation, abiding in My own Cosmic Nature (Prakriti), I embody Myself by Self-evolved maya-delusion.”*

Manifesting Himself as the creative Cosmic Intelligent Vibration, and using the help of the storm of delusive relativity, God forms out of Himself all finite vibratory waves of mind, energy, and matter: electrons, protons, atoms, molecules, cells, and blocks of solid matter—clusters of island universes floating in the sphere of space, surrounded by wandering radiations.

Thus Intelligent Cosmic Vibration is the first manifested cause of all created things, though the different

* Bhagavad Gita IV : 6.

finite forms of matter are created or caused secondarily by arrangement and combinations of certain basic forms: cells derive from molecules, molecules from atoms, atoms from electrons and protons, electrons and protons from lifetrans, and lifetrans from thoughtrons* of the Infinite.

Creation exists, and is caused by God; therefore God exists. We can say that intelligent creation exists because of an intelligent God. But who created God, out of whom all things else have come? The Infinite Himself.† The law of causation applies only to finite objects; it does not apply to the Infinite. As all waves on the ocean become dissolved in the ocean, so all finite objects manifesting from the aforesaid finite causes lose themselves in their Eternal Source. Similarly, the law of causation operates outwardly in creation, but is lost in the Infinite.

Through the law of causation, our original parents—the finite creations known as Adam and Eve, who themselves were special creations of the Infinite—helped to create all humanity. Because we are created by our parents—and our parents by our grandparents, and all mankind has come from Adam and Eve—we ask who created God. We apply to the Infinite the law of causation that created us. This is erroneous reasoning.

* The name given by Paramahansa Yogananda to the first and most subtle manifestation of the creative vibration emanating from Spirit; the primal ideas behind all matter. Thoughtrons compose the ideational or causal universe, from which emanates the astral universe of lifetrans, intelligent life energy; from which in turn emanates the physical universe of gross atomic energy. (*Publisher's Note*)

† "Not-Being was not, Being was not then....

The One breathed windless, of its own power.

Beyond this there was naught whatsoever....

The root of Being in Not-Being was found

By sages tracing it with understanding in their hearts."

— Rig Veda X : 129

Varying Perspectives

When you are dancing with the waves of the ocean, you can't get a perspective of the ocean as a whole; but from the air you have a bird's-eye view of its vast expanse. Similarly, when you concentrate on creation and are immersed in it, you cannot see anything but creation and the law of causation working therein. But when with closed eyes you learn how to look within, you see neither finite forms nor the law that created them, but glimpse the formless, causeless Infinite.

In the wintry land near the North Pole, an Eskimo who was hunting seal looked up and saw a Hindu traveller approaching him.

"Where did you come from, my friend?" he asked.

"My home is India," the stranger replied.

"Well, well!" said the Eskimo. "Do Hindus find plenty of good seal meat in India?"

"Oh, no, we don't have any at all," replied the amused visitor. "Hindus live mostly on vegetables."

"What a foolish statement," thought the Eskimo. "No one can live without seal meat!"

Just as the Eskimo, knowing no other diet, thought all people ate seal meat, so finite creatures, being themselves created by the law of causation, naturally think that the Infinite God also came into being through the law of causation.

Spirit Is Free from Causation

So it is foolish error for finite, causation-born human beings even to question, "Who made God?" The Infinite